



# BUDO Jiu-Jitsu Association



## Written Test for Sho-Dan

Student: \_\_\_\_\_ Date: \_\_\_\_\_

(This is a copy of the actual test. Use your curriculum to study and fill it in. Then you must sit the test with no study materials when you contact Sensei and let him know you're ready. Physical test follows the written test assuming an 80% or better score on written.)

**Etiquette & Tradition:** Define: *Budo*: \_\_\_\_\_ *Jiu-Jitsu*: \_\_\_\_\_



List the Seven Virtues of the Samurai in numerical order:

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_ 5 \_\_\_\_\_  
6 \_\_\_\_\_ 7 \_\_\_\_\_

List the 5 major styles Budo Jiu-Jitsu is comprised of:

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_ 5 \_\_\_\_\_

Translate these Kanji symbols below.

	_____ _____		_____ _____	Vocabulary: 1) Hajame _____ 2) Yame _____ 3) Dojo _____ 4) Kobudo _____ 5) Nihon _____ 6) Nippon _____ 7) Sensei _____ 8) Shi-han _____ 9) Soke _____ 10) Onegashi Mashita _____ _____
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### Knowing the Budo Curriculum:

Name two techniques from #13, the **White** Belt Curriculum: 1) \_\_\_\_\_ 2) \_\_\_\_\_

Name One technique from #12-**Yellow** Belt in each category:

Submission: \_\_\_\_\_, Take Down: \_\_\_\_\_, Positioning Technique: \_\_\_\_\_

Name One technique from #11-**Yellow**-Silver in each category:

Submission: \_\_\_\_\_, Guard Pass: \_\_\_\_\_, Striking Technique: \_\_\_\_\_

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Name One technique from #10-**Blue Belt** in each category:

Submission: \_\_\_\_\_, Take Down: \_\_\_\_\_, Positioning Technique: \_\_\_\_\_

Vocabulary:

- 1) *Sooji* - \_\_\_\_\_
- 2) *Doshi* - \_\_\_\_\_
- 3) *Sempai* - \_\_\_\_\_
- 4) *Waza* - \_\_\_\_\_



Name One technique from #9-**Blue-Silver** in each category:

Submission: \_\_\_\_\_, Guard Pass: \_\_\_\_\_, Striking Technique: \_\_\_\_\_

- 1) *Reigi* - \_\_\_\_\_
- 2) *Fudoshin* - \_\_\_\_\_
- 3) *Mushin* - \_\_\_\_\_

Name One technique from #8-**Green Belt** in each category:

Submission: \_\_\_\_\_, MMA Technique: \_\_\_\_\_, Positioning Technique: \_\_\_\_\_

- 1) *Shinken Shobu* - \_\_\_\_\_
- 2) *Ne-Waza* - \_\_\_\_\_
- 3) *Shime Waza* - \_\_\_\_\_
- 4) *Osae Waza* - \_\_\_\_\_
- 5) *Kansetsu Waza* - \_\_\_\_\_
- 6) *Kuzushi* - \_\_\_\_\_



Name One technique from #7-**Green-Silver** in each category:

Submission: \_\_\_\_\_, Take Down: \_\_\_\_\_, Ne Waza: \_\_\_\_\_

*Kimona* - \_\_\_\_\_

Name One technique from #6-**Purple Belt** in each category:

Flow Drill: \_\_\_\_\_, Take Down: \_\_\_\_\_, Positioning Technique: \_\_\_\_\_

*Hogosha* - \_\_\_\_\_

Name One technique from #5-**Purple Silver** in each category:

Take Down: \_\_\_\_\_, Positioning Technique: \_\_\_\_\_, MMA Tech: \_\_\_\_\_

*Tsukuri* - \_\_\_\_\_ *Tori* - \_\_\_\_\_



